



St Bernard's Catholic High School

Careers Information

Year 7

At St Bernard's Catholic High School we believe strongly in the importance of ensuring that our students leave school empowered to make a full and active contribution to society. It is essential that all of our students are able to make informed decisions about their futures through the provision of high quality and impartial Careers Information, Advice and Guidance (CIAG). We want to inspire our students about their futures and help raise their aspirations by ensuring that they are aware of the wide range of careers open to them and how to successfully progress into their chosen field of interest.

In order to achieve this, our careers programme has been devised to allow students to develop the personal qualities, skills and knowledge necessary to be successful in the world of work in line with the 8 Gatsby Benchmarks. The Gatsby Benchmarks are identified within the Government's statutory guidance and are internationally recognised as best practice of careers guidance.

Our careers programme is delivered throughout Year 7 – Year 11 and appropriate support and guidance is provided by the need of the individual and the stage of their education. The delivery of our careers programme is enhanced and supported by a range of local Further Education (FE) providers, Higher Education (HE) institutions (including Universities) and employers. This is facilitated through assemblies, presentations, guest speakers, enterprise activities, enrichment days and visits.

In order to measure the impact and effectiveness of our careers programme we regularly seek feedback from our students, parents, providers and teachers in the form of questionnaires. This is an ongoing process throughout the year and is used to modify and review the programme as necessary. Post 16 destination data is also an integral part of our review process.

Through our careers programme all students will be provided with a Unifrog subscription. Students can use the site to research training and education opportunities along with managing online applications. It is a one stop shop for students to help inform and plan their future choices. Follow the link for more information: www.unifrog.org

Students will be supported on their journey through our careers programme by the following people:

Mrs Whittam – Assistant Headteacher with responsibility for CIAG.

Ian Killip – Skills and Development Advisor INSPIRA

Form Tutors

Subject Teachers

If you would like to discuss our careers programme in further detail please contact Mrs Whittam via email: jwhittam@st-bernards.cumbria.sch.uk.

The programme of study for Year 7 is outlined below.

Autumn:

St Bernard's Success



St Bernard's Catholic High School

During this unit of work students consider and reflect on the personal qualities and attributes necessary to be successful not only in school but in wider society. They are encouraged to reflect on their own qualities and consider how these can be developed to help them make the most of their time at St Bernard's.

Spring:

Life Beyond St Bernard's (1)

During this unit of work students will gain an understanding of the raised participation age and Post 16 options. This will be supported with students being provided with their unique Unifrog login.

Summer:

Career Spotlight

Students will conduct a careers interview with a family member to gain an understanding of a particular career area. During this interview students will discuss the job description, pathways into the career, qualifications, skills and personal qualities necessary to be successful within this role.