



## Year 10

At St Bernard's Catholic High School we believe strongly in the importance of ensuring that our students leave school empowered to make a full and active contribution to society. It is essential that all of our students are able to make informed decisions about their futures through the provision of high quality and impartial careers information, advice and guidance (CIAG). We want to inspire our students about their futures and help raise their aspirations by ensuring that they are aware of the wide range of careers open to them and how to successfully progress into their chosen field of interest.

In order to achieve this, our careers programme has been devised to allow students to develop the personal qualities, skills and knowledge necessary to be successful in the world of work in line with the 8 Gatsby Benchmarks. The Gatsby Benchmarks are identified within the Government's statutory guidance and are internationally recognised as best practice of careers guidance.

Our careers programme is delivered throughout Year 7 -11 and appropriate support and guidance is provided by the need of the individual and the stage of their education. The delivery of our careers programme is enhanced and supported by a range of local FE providers, HE institutions (including universities) and employers. This is facilitated through assemblies, presentations, guest speakers, enterprise activities, enrichment days and visits.

In order to measure the impact and effectiveness of our careers programme we regularly seek feedback from our students, parents, providers and teachers in the form of questionnaires. This is an ongoing process throughout the year and is used to modify and review the programme as necessary. Post 16 destination data is also an integral part of our review process.

Through our careers programme all students will be provided with a Unifrog subscription. Students can use the site to research training and education opportunities along with managing online applications. It is a one stop shop for students to help inform and plan their future choices. Follow the link for more information: [www.unifrog.org](http://www.unifrog.org)

Students will be supported on their journey through our careers programme by the following people:

Mr M Mills – [mmills@stbernardsschool.uk](mailto:mmills@stbernardsschool.uk)

Ian Killip – Skills and Development Advisor INSPIRA

Form Tutors

Subject Teachers

If you would like to discuss our careers programme in further detail please contact Mr Mills via email: [mmills@stbernardsschool.uk](mailto:mmills@stbernardsschool.uk)

[The programme of study for Year 10 is outlined below:](#)

[Autumn:](#)

### Building My Skills

Students will begin their participation in Building My Skills programme in this term. It is facilitated and delivered through Furness Education and Skills Partnership (FESP). Over the year students partake in a number of workshops led by a range of employment sectors. They will complete tasks aimed at improving



employability skills, preparing for applications and interviews along with raising awareness of the local labour market. Students will complete a Building My Skills Portfolio including careers profiles, progression planning, skills audit and a CV. This programme is recognised by both local employers and FE providers.

## Careers Fair

Students prepare for the school careers fair by discussing first impressions and how to make the most of these opportunities. The careers fair attracts over 30 FE, HE and local employers from a range of sectors.

## Spring:

### Building My Skills

Programme continues through Spring Term and will take place during extended registration on a Friday. Unifrog will support the content of the Building My Skills Programme and be utilised to record students' progress in enhancing their employability skills.

### Life Beyond St Bernard's (4)

Enrichment day focused on enhancing students' knowledge of the local labour market and range of careers available, whilst preparing students for upcoming work experience. This will involve students meeting a range of employers from a variety of sectors.

## Summer:

### Building My Skills

Completion of the Building My Skills portfolio. This will culminate with an achievement assembly.

### Taster Days

Students will attend a range of taster days at local FE providers including Furness College, Channelside and Rating Lane Campus'. Also, dependent on individual interest students will also attend Kendal, Newton Rigg and Lancaster and Morecambe College. These are essential in helping students to make informed decision regarding their future pathways.