



# St Bernard's Catholic High School

— Part of the Mater Christi Multi Academy Trust —

## Year 9

At St Bernard's Catholic High School we believe strongly in the importance of ensuring that our students leave school empowered to make a full and active contribution to society. It is essential that all of our students are able to make informed decisions about their futures through the provision of high quality and impartial careers information, advice and guidance (CIAG). We want to inspire our students about their futures and help raise their aspirations by ensuring that they are aware of the wide range of careers open to them and how to successfully progress into their chosen field of interest.

In order to achieve this, our careers programme has been devised to allow students to develop the personal qualities, skills and knowledge necessary to be successful in the world of work in line with the 8 Gatsby Benchmarks. The Gatsby Benchmarks are identified within the Government's statutory guidance and are internationally recognised as best practice of careers guidance.

Our careers programme is delivered throughout Year 7 -11 and appropriate support and guidance is provided by the need of the individual and the stage of their education. The delivery of our careers programme is enhanced and supported by a range of local FE providers, HE institutions (including universities) and employers. This is facilitated through assemblies, presentations, guest speakers, enterprise activities, enrichment days and visits.

In order to measure the impact and effectiveness of our careers programme we regularly seek feedback from our students, parents, providers and teachers in the form of questionnaires. This is an ongoing process throughout the year and is used to modify and review the programme as necessary. Post 16 destination data is also an integral part of our review process.

Through our careers programme all students will be provided with a Unifrog subscription. Students can use the site to research training and education opportunities along with managing online applications. It is a one stop shop for students to help inform and plan their future choices. Follow the link for more information: [www.unifrog.org](http://www.unifrog.org)

Students will be supported on their journey through our careers programme by the following people:

Mr M Mills – Careers Lead.

Ian Killip – Skills and Development Advisor INSPIRA

Form Tutors

Subject Teachers

If you would like to discuss our careers programme in further detail please contact Mr Mills via email: [mmills@stbernardsschool.uk](mailto:mmills@stbernardsschool.uk).

[The programme of study for Year 9 is outlined below:](#)

[Autumn:](#)

[Futures Workshop](#)



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**All Year 9 students will participate in a Futures Workshop**

where they will spend time reflecting on their current aspirations and how to make informed choices about their futures. The workshop will be provided by Hello Futures (Cumbria Collaborative Outreach Programme)

## Life Skills

This unit of work will build on the Futures Workshop with students exploring the key skills and competencies necessary to be successful in a range of careers. It will involve students identifying these key transferable skills and recognising them within a range of job descriptions. Students will complete a quiz on their own skills and competencies and consider how they can improve these skills in readiness for working life. This will be further supported through the use of Unifrog where students will begin to record their key skills, supporting them with evidence to help support future post 16 applications.

## **Spring:**

### Young Enterprise – Learn to Earn

All of Year 9 will participate in the Young Enterprise Learn to Earn Programme where they engage in a range of practical activities designed to explore the following themes:

- Career Choices
- Personal Skills
- Job interviews
- Financial planning
- Budgeting

### Life Beyond St Bernard's (3)

During this unit of work students will extend on their knowledge of post 16 options, with a focus on Higher Education (HE). Students will become familiar with university related terminology and will evaluate the range of pathways into HE. This unit of work will also involve a visit to a university and in workshops around choosing courses and university finance.

## **Summer:**

### Career Spotlight

Students will research 3 career areas that they are currently interested in. They will produce a career profile for each including the following information: a job description, pathways into the career, qualifications, skills and personal qualities necessary to be successful within this role.